

WELCOME

VISION *The Wyong Catholic Parish is a welcoming, caring dynamic community*

MISSION STATEMENT *We will live and proclaim the message of the Gospel :
Engage, Participate, Reach out and Transform*

15th March 2026—4th Sunday of Lent

WYONG CATHOLIC PARISH
ST CECILIA'S CHURCH, ST JOHN FISHER MASS CTR & ST PETER'S CHAPEL
Under the Pastoral Care of the
Society of Our Lady of The Most Holy Trinity (SOLT)

REFLECTION Fourth Sunday of Lent

In the Gospel of John, the image of light is often used as a metaphor to depict Jesus, who presents us with the illuminating Truth whereby we are set free from the darkness of 'the world,' and the blindness of sin. Jesus, as the divine light, brings vision to the man born blind, in miraculous fashion. To each of us, he offers the grace of vision—not that we may see this world with greater clarity or sharpness, but rather that we may catch a glimpse into the eternal realities which lie beyond this world—that we may perceive the hidden presence of God in all things, and in the infinitude which lies beyond *all* things.

Reproduced from God's Word 2026: Daily Reflections, Published by St Pauls Publications, Strathfield.



HOLY WEEK SERVICES

2
APR **HOLY THURSDAY
MASS - ST JOHN
FISHER - 7PM**

3
APR **GOOD FRIDAY
STATIONS OF THE
CROSS - 10AM
THE PASSION - 3PM
AT BOTH ST CECILIAS & ST
JOHN FISHER**

3
APR **EASTER VIGIL MASS
ST CECILIAS - 7PM**

5
APR **EASTER SUNDAY
REGULAR MASS TIMES**



This sacred moment encourages reflection, seeking forgiveness, and expressing gratitude while fostering love and understanding for ourselves and others.

WYONG CATHOLIC PARISH SACRAMENTAL PROGRAM



Please use the relevant QR Code to register your interest and receive the updated information regarding your interest.

WYONG PARISH - SACRAMENTAL
PROGRAM - EXPRESSIONS OF
INTEREST 2026



St Cecilia & State Schools

ST JOHN FISHER - SACRAMENTAL
PROGRAM - EXPRESSIONS OF
INTEREST 2026



St John Fisher Students

ANGLICAN CARPARK

We ask parishioners, please do not park in the Anglican Car park, especially the **disabled zone**. This is reserved for their parishioners/visitors.



STATIONS OF THE CROSS

Station of the Cross will be held on **every Friday** evening throughout Lent (excluding Good Friday) at **6pm** in **St Cecilia's Church**.



WYONG PARISH COMMUNITY COLLECTIONS 2026

Each year as a parish we support the disadvantaged members of the community. This year once again we will support the **Wyong Neighbourhood Centre**.

We ask that individual items are placed in the special collection trolleys or containers which will be available at both churches.

This collection drive will run from: **18 February - 11 April**

Please see below suggested items which can be donated. These items are those specifically needed by the disadvantaged people the charity supports. Suggested donated items may include: Long-life milk, Noodles, Pasta, rice, good quality tinned fruit, food and meals (with ring pulls), Soups, spaghetti, Museli bars and long life snacks, Breakfast Biscuits/Cereal, UHT Milk, Noodles, Crackers, , Lollies/Chocolate, Chips, Tea, Cappuccino sachets, Water/Juice, Beans, Gloves, Scarves, socks & Blankets. Please place all donations into the special trolley or the plastic containers provided in the Church. Thank you for your generous help which is most appreciated.

More information on the charity can be found at the web address listed: Wyong Neighbourhood Centre Inc: <https://www.wnci.org.au>

Serra Weekly Vocations Prayer Calendar.
Please pray for those in formation or already serving the Church



16/3	Fr Jack Robson & Seminarian Nicholas Gomez
17/3	Fr Stan Skibicki & Seminarian Joseph Nicholls
18/3	Fr Robert Brogan & Seminarian Bryce Gonlin
19/3	Fr Geoff Bugden
20/3	Sr Marea Ross rsj & Sr Ann Duncan rsj
21/3	Sr Josefa Mabini OSA
22/3	Sr Jennifer Canillas OSA

Daily Prayer for Vocations

Heavenly Father, we praise You for Your goodness and thank You for Your gifts. Help us respond to and live out our mission in the Church. Assist all Your people to know their vocation in life and help them to prepare for it. Call many to be priests, deacons and consecrated men and women for Your greater glory, and for the service of Your people. Give those whom You call the grace to respond generously and to persevere faithfully. We ask this through Christ Our Lord. Amen

DID YOU KNOW?



- Priests are 'ordinary ministers of Holy Communion' and anyone else trained, is an 'extraordinary minister of Holy Communion.'
- During lent there is no 'Alleluia' before the Gospel.
- When the bread and wine are consecrated a piece of the Body of Christ (the bread) goes into the wine.
- It is required by Canon Law (Canon 919) that Catholics fast from food and beverages (except water and medicines) 1hr before receiving Holy Communion.

CHILDREN'S LITURGY CALLING ALL CHILDREN !

⇒ **Children's Liturgy is held every Sunday**, and we warmly invite all children to join us for the **Liturgy of the Word** — a joyful space where kids meet Jesus through stories, prayer, and engaging faith activities designed just for them.

⇒ Each week, children take something beautiful home in their hearts: a sense of belonging, a Bible story they understand, a message from Jesus to guide their week, a new faith word like mercy, hope, or kindness, simple prayers and lessons on love and forgiveness, confidence to speak about God, the reminder that "Jesus is with me," ideas for kindness at home and school, a craft to remember the Gospel, and a heart ready to pray for others.

*Children return to the church for the Liturgy of the Eucharist.

*(Children under 5yrs of age must be accompanied by a parent or guardian at all times.)

LEGION OF MARY ACIES CEREMONY



On March 25th is the Feast of the Annunciation. Annually The Legion of Mary come together on or around this day to make a personal or collective consecration to Our Lady. This year we invite you to join us on **March 25th, 8am Mass at St Cecilia's Church** to make a personal consecration to Our Lady. All are welcome!

Share your talents and skills in the ministry/ ministries where you are called to be.

JOIN US!

Volunteer Roles include:

- ✓ Maintenance /Mowing upkeep
- ✓ Altar Servers
- ✓ Linen Upkeep
- ✓ Catechist or a helper
- ✓ Cleaning
- ✓ Choir/ Musician
- ✓ Children's Liturgy Helper (Sun)

Speak to one of our Priests or contact the office



02 4352 1011



UNITE AGAINST POVERTY

Third Sunday of Lent
14th & 15th March

this Lent

Life was hard for **Manaini** and her children living in rural Fiji. With the support from Caritas Australia's partner, FRIEND, she learnt food processing and gardening skills, improving nutrition and creating new income opportunities to support her children's education.

Please donate today.

You can support Project Compassion 2026 through the donation boxes, envelopes or by scanning the QR code.

Or online at: www.projectcompassion.org.au/donate

Or by calling: 1800 024 413

Thank you for standing with us, as we *Unite Against Poverty* this Lent.



365 Pacific Highway
North Wyong NSW 2259
PO Box 786
Wyong NSW 2259



Ph: 02 4351 8004
Ph: 02 4392 8777

BOWDEN FAMILY FUNERALS

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anitabowden@ccli.net.au



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www.tuggerahphysio.com.au

HELPING HANDS

Wyong parish's social justice program for 2026 will add a third string to the already two string program which has been in place for many years. String 1: prayer; string 2: the many donations of food and clothing. String 3, which will be established this year, will be called 'Helping Hands.'



Helping hands need people who are able and 'willing to step out of the boat' as Jesus asked. These volunteers will reach out to those in our community who are on the edge and need help. Each will be asked to offer this help as best meets their own individual circumstances and work with others, where there are already established teams.

If you can offer this kind of help, please phone the parish office (4352 1011) by **27th March** to give your name and contact information. The first meeting for helping hands will be on **14th April**. Any assistance no matter how small it is will be greatly appreciated.

COMMUNITY PLAYGROUP



Our Community Play Group is growing and we would love for you join. **Weekly on Monday at 9.15-10.15am in St Cecilia's Church Hall.** This is a fun, safe and nurturing space for children to play, learn and grow and for parents, carers and grandparents to connect.

Chrism Mass—Participating in the Chrism Mass is a way to build a deeper appreciation of the sacramental life of the Church. You are invited to attend the 2026 Broken Bay Chrism Mass at Our Lady of the Rosary Cathedral Waitara on **Tuesday, 31st March at 7:30pm.**

EASTER RAFFLE



Raffle tickets will be on sale on Saturday **the 21st March** after 5:00pm Mass and after all Masses on **Sunday the 22nd March.**

This year our Easter Raffle will be raising funds for new air-conditioning at St Cecilia's Church and the installation of the awning at St John Fisher Mass Centre.

Roll Up Your Sleeves for Our Palm Cross Working Bee

As Palm Sunday approaches, we're gathering to make the palm crosses needed for St Cecilia's Church and St John Fisher Mass Centre. No experience required—just come along, roll up your sleeves and join in. **Even an hour makes a big difference!**

Workshop

Date: Wednesday, March 25th, 2026

Time: 9am to 11am

Location: St Peter's Catholic College, 84 Gavenlock Road, Tuggerah (held in the T3 Trade Center)

This is a wonderful way to be part of a special tradition, enjoy some great company, and share a delicious morning tea. Please RSVP to Jo on 0424 763 734



Invitation to celebrate Weekday Mass with the students from St Cecilia's Mondays 9.15am & St John Fisher Tuesdays 9.15am (School Term only)

We encourage and extend a warm welcome to ALL parishioners to this beautiful half hour week day Mass.

**Please Note—Mass at St Cecilia's may vary depending on weather conditions.*

PLANNED GIVING

Dear Parishioners, should you wish to donate electronically, please see details below or use the QR Code provided.

We appreciate all offerings and support gifted to our Parish!



COMMUNION BLESSING



You can still receive a blessing if you are not Catholic, have not yet received your Sacrament of First Eucharist/Holy Communion, or, if you are Catholic but are not in a state of grace.

To receive a blessing instead of communion during a Catholic Mass, simply approach the priest during the distribution of communion with your arms folded across your chest, and the priest will offer a blessing.

Please remember if you are receiving communion, the consecrated host must enter your mouth to be consumed before returning to your seat.



UNABLE TO STAND IN LINE FOR COMMUNION? USE THE YELLOW BAND!

Please use the yellow bands located at the back of the Church (in a tub underneath the bulletin shelf) to indicate that you cannot stand in line to receive the Eucharist, by slipping it onto the side of the pew where you will be seated.

Our Priest or Eucharistic Minister will see this and will tend to you at the end of Communion.

A Penitential Celebration Second Form of Reconciliation

With Easter fast approaching, now is the time to renew and reconnect with God.

The Second Form of reconciliation is a communal liturgical celebration which helps us to be truly repentant and free from affliction for sin purified through the sacrament of penance (reconciliation)

This form of the rite consists of :

- a celebration of the word – hymns, prayers
- a homily
- examination of conscience and a call to repentance
- private confession and reconciliation
- conclusion – short thanksgiving, blessing and dismissal.

Please be a part of this sacrament at one of these venues.

St Cecilia's Church Wyong & St John Fisher Tumbi Umbi:

Wednesday 25th March, 6.00pm

MINI STALL

On the weekend of the 21st & 22nd March @ St Cecilia's Church there will be a Mini Stall with handmade jewelry and other small items. **NOTHING OVER \$2.**

Funds raised go toward Pastoral Works

FIRST FRUITS OFFERING

Giving from the Heart



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Through Planned Giving**



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MASS TIMES

ST CECILIA'S CHURCH

23 Byron St Wyong

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00pm Sun 7.30am & 9.30am

Weekday Mass

Mon-Sat: 8.00am, Monday 9.15am (School Term)

Reconciliation/Confession Saturday morning after the 8am Mass & Saturday at 4.30pm

ST JOHN FISHER MASS CENTRE

Hicks Lane Tumbi Umbi

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00 pm Sun: 8.30am & 5pm

Weekday Mass

Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am

Reconciliation/Confession Saturday at 4.30pm

EMERGENCY PRIEST CONTACT

Fr Raul Ph: 0450 115 099

Fr Alex Ph: 0432 947 245

Fr Teody Ph: 0410 202 823

PARISH OFFICE: 23 Byron Street Wyong

Phone: 02 4352 1011 **Mail:** Po Box 385 Wyong 2259

OFFICE HOURS: Monday -Wednesday & Friday 9.30am to 2.30pm

PARISH CONTACTS

Parish Priest **Fr Raul Balute, SOLT Ph: 0450 115 099**

Email: raul.balute@bbcatholic.org.au

Assistant Priest **Fr Alex Barnedo, SOLT Ph: 0432 947 245**

Assistant Priest **Fr Teody Medina, SOLT Ph: 0410 202 823**

Parish Secretaries **Margaret Vandenberg & Christine Sassine**

SRE Catechist Co-Ordinator: **Margaret Vandenberg**

PARISH EMAIL: wyongparish@bbcatholic.org.au

PARISH WEBSITE: <https://www.bbcatholic.org.au/wyong/>

FACEBOOK: www.facebook.com/wyongcatholicparish

Children's Liturgy at the following Masses

St Cecilia's 5:00pm Mass Saturday

St Cecilia's 9.30am Mass Sunday

St John Fisher 5pm Mass Sunday

Mass St Barnabas, Yarramalong

1st Sun of month 11.15am

Filipino Mass St Cecilia's Church

3rd Sun of the month 12pm

Anointing of the Sick

First Friday of the Month

St Cecilia's During 8.00am & 11.30am Mass

St John Fisher During 9.15am Mass

Eucharistic Adoration

St Cecilia's Daily 7am-8am

St John Fisher 1st Fri 8.45 - 9.15am

Devotion to Our Lady of Perpetual Help

St Cecilia's Sat after 8am Mass

St John Fisher Wed after the 8am Mass

Devotion to the Divine Mercy

St Cecilia's Fri after the 8am Mass

St John Fisher Fri after the 9:15am Mass

Prayer groups

St Cecilia's Rosary Group Tues after 8am mass followed by Divine Mercy

St Cecilia's Legion of Mary, Wed 9.15am in Parish Hall.

Meetings

St Cecilia's Choir practice every Tues night 5pm to 6pm

Parish Pastoral Council Meeting

PPC Secretary: Kerry Bugden

Ph: 02 4388 2938

BAPTISMS, WEDDINGS AND FUNERALS
PLEASE CONTACT THE PARISH OFFICE

KEEP US IN YOUR PRAYERS

Prayer: *The most valuable gift you can give someone.*

SICK:

Michele Bolton, Jeanine Doueih, Lisa Glanville, Margaret McDermott, Dave Rodney, Danae Roe, Milva Kefu, Georgina Mastroianni, Tahnia Ahuriri, Badwi Laoulach, Maureen Cross, Vince Bosco, Anthony Philip Power

RECENTLY DECEASED:

Sauhaela Sabat, Delma Baker, Antoni Szczur, Peter Meury, Susan Monk

ANNIVERSARY MARCH:

Myrtle & James Murphy, Reg Preston, Fr Tito Ayo, SOLT, Kevin Barry, Tony Cox



SAFEGUARDING MESSAGE

Wyong parish is committed to safeguarding. All children, young persons and vulnerable adults have a right to feel safe and be safe. If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or

Fr Teody on the contact details provided above; or, Anne Hooley: 0428 149 793 or, Maureen Roast: 0435 245 849.

THE LITURGY OF THE WORD

First Reading 1 Samuel 16:1, 6-7, 10-13 (Year A)

A reading from the first book of Samuel

The Lord said to Samuel, 'Fill your horn with oil and go. I am sending you to Jesse of Bethlehem, for I have chosen myself a king among his sons.' When Samuel arrived, he caught sight of Eliab and thought, 'Surely the Lord's anointed one stands there before him,' but the Lord said to Samuel, 'Take no notice of his appearance or his height for I have rejected him; God does not see as man sees; man looks at appearances but the Lord looks at the heart.' Jesse presented his seven sons to Samuel, but Samuel said to Jesse, 'The Lord has not chosen these.' He then asked Jesse, 'Are these all the sons you have?' He answered, 'There is still one left, the youngest; he is out looking after the sheep.' Then Samuel said to Jesse, 'Send for him; we will not sit down to eat until he comes.' Jesse had him sent for, a boy of fresh complexion, with fine eyes and pleasant bearing. The Lord said, 'Come, anoint him, for this is the one.' At this, Samuel took the horn of oil and anointed him where he stood with his brothers; and the spirit of the Lord seized on David and stayed with him from that day on.

The word of the Lord.

Thanks be to God.

Responsorial Psalm Psalm 23.1-3a, 3b-4, 5, 6 (R.1)

R. The Lord is my shepherd; there is nothing I shall want.

Second Reading Ephesians 5:8-14 (Year A)

A reading from the letter of St Paul to the Ephesians

You were darkness once, but now you are light in the Lord; be like children of light, for the effects of the light are seen in complete goodness and right living and truth. Try to discover what the Lord wants of you, having nothing to do with the futile works of darkness but exposing them by contrast. The things which are done in secret are things that people are ashamed even to speak of; but anything exposed by the light will be illuminated and anything illuminated turns into light. That is why it is said:

Wake up from your sleep,
rise from the dead,
and Christ will shine on you.

The word of the Lord.

Thanks be to God.

Gospel Acclamation John 8:12 (Year A)

Glory to you, Word of God, Lord Jesus Christ!

I am the light of the world, says the Lord;

whoever follows me will have the light of life.

Glory to you, Word of God, Lord Jesus Christ!

Gospel John 9:1, 6-9, 13-17, 34-38 (Year A)

A reading from the holy Gospel according to John

As Jesus went along, he saw a man who had been blind from birth. He spat on the ground, made a paste with the spittle, put this over the eyes of the blind man and said to him, 'Go and wash in the Pool of Siloam' (a name that means 'sent'). So the blind man went off and washed himself, and came away with his sight restored.

His neighbours and people who earlier had seen him begging said, 'Isn't this the man who used to sit and beg?' Some said, 'Yes, it is the same one.' Others said, 'No, he only looks like him.' The man himself said, 'I am the man.'

They brought the man who had been blind to the Pharisees. It had been a sabbath day when Jesus made the paste and opened the man's eyes, so when the Pharisees asked him how he had come to see, he said, 'He put a paste on my eyes, and I washed, and I can see.' Then some of the Pharisees said, 'This man cannot be from God: he does not keep the sabbath.' Others said 'How could a sinner produce signs like this?' And there was disagreement among them. So they spoke to the blind man again, 'What have you to say about him yourself, now that he has opened your eyes?' 'He is a prophet', replied the man.

'Are you trying to teach us,' they replied 'and you a sinner through and through, since you were born!' And they drove him away.

Jesus heard they had driven him away, and when he found him he said to him, 'Do you believe in the Son of Man?' 'Sir,' the man replied 'tell me who he is so that I may believe in him'. Jesus said, 'You are looking at him; he is speaking to you.' The man said, 'Lord, I believe', and worshipped him.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.



THE 54TH INTERNATIONAL
EUCCHARISTIC
CONGRESS 2028
SYDNEY, AUSTRALIA



eucharist28.org

The pilgrimage has
begun. Join us.





Diocese of Broken Bay

How do we make abortion **unthinkable** in Australia?

WITH **DR JOANNA HOWE**

7:30PM
FRIDAY 20TH MARCH

THE LIGHT
OF CHRIST CENTRE
OUR LADY OF THE ROSARY
(END YARDLEY AVE, WAITARA)



Seminar on Wills Enduring Guardianship and Power of Attorney.



KU-RING-GAI CHASE
CATHOLIC PARISH
Diocese of Broken Bay, Australia



Presenter
Cecilia Castle

Principal of
Castle Lawyers,
will present and
answer questions
from her legal
expertise of over

35 years. Cecilia is a regular speaker
and writer on legal topics, and a
parishioner in the Diocese of
Broken Bay.



RSVP: Please scan QR code to register.

FREE SEMINAR ON WILLS

A free seminar on Wills, Enduring Guardianship and Power of Attorney at
Ku-ring-gai Chase Catholic Parish. Complimentary Will offered for attendees
(Conditions apply).

Where: St Patrick's Primary School Hall, 1 Royston Parade, Asquith.

When: Saturday 14th March 2026 from 10.30am-12.00pm.

For more information, please contact the Parish office:
Phone: (02) 9456 2450, Email: parishkccp@bbcatholic.org.au



UTES OF
HEALING
FOR PARENTS
WHO HAVE LOST A BABY

BEFORE BIRTH OR
IN EARLY INFANCY

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For orders, visit www.liturgybrisbane.net.au or contact (07) 3324 3314.

Formation Opportunity

Breaking Open Dilexi Te - Apostolic Exhortation Of The Holy Father Leo XIV To
All Christians On Love For The Poor

Join parish leaders from across the Diocese for a practical and accessible day of formation in social justice ministry. Build your confidence, connect with others, and gain useful tools to support your parish work. Breaking Open Dilexi Te : Discover the powerful teachings of Pope Leo XIII and how they can inspire your leadership today.

All parish social justice ministers, volunteers and leaders are warmly invited.
Follow the link to register today: [Breaking Open Dilexi Te](#)

Date: 28 March 2026

Time: 10:30 am – 4:00 pm

Venue: Ambrose Centre, 12 Ashton Ave, The Entrance NSW 2261

Reproduced from Neighbourhoods 29 January 2026



MAGI PILGRIMAGES

FOOTSTEPS OF ST PAUL (5th - 20th May 2026)

Fr. Sebastian A.M invites you to a journey in the footsteps of St. Paul, reliving the Acts of the Apostles and exploring the letters of the New Testament. Explore Greece and Turkey with a 3-night Greek Islands cruise in this 14-day pilgrimage for an all-inclusive price of \$9790+ tips (25+ pilgrims). The early bird price expires on January 30th.

SAINTS OF ITALY (8th - 21st June 2026)

Fr. Franco Filippetto invites you to a 14-day journey to Italy, visiting Milan, Padua, Siena, Assisi, Rotondo, Sorrento, and Rome, with an all-inclusive price of \$ 9,290 + tips (for 30+ pilgrims). The early bird price expires on January 30th.

The fare includes Return Economy Airfares + Local Transfers in Deluxe coaches + Stay in 4-star Premium Hotels, Meals + English speaking professional guides + Entrances as per itinerary and more. For inquiries & bookings call 03 8839 6615 or email us pilgrimage@magiholidays.com.au



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belonging together*

With hosts Rev'd Christopher Waterhouse + a Monk from St. Benedicts Monastery, Arcadia

DEPARTING SYDNEY
24 SEPT 2026

5 nights – Stockholm

Built on 14 islands, Stockholm is often called the Venice of the North.

2 nights – Vadstena

Home to Vadstena Castle, one of Sweden's best-preserved Renaissance fortresses.

3 nights – Malmö

Malmö's iconic Turning Torso is the tallest building in Scandinavia.

5 nights – Copenhagen

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UNFORGETTABLE ADVENTURES
AWAIT!



THE LITTLE MERMAID

ABOUT OUR HOST

FR. CHRISTOPHER WATERHOUSE



FILM NEGATIVE

FILM NEGATIVE

FILM NEGATIVE

The Rev'd Christopher Waterhouse is Rector of St James' King Street, Sydney. Prior to his appointment, he served as Precentor and Chaplain

for the Arts at St David's Cathedral, Hobart. Born in the United Kingdom and raised and educated in Tasmania, Christopher developed an early passion for the performing arts, particularly theatre and music. He appeared in numerous stage productions across Tasmania before relocating to Sydney to work with the Sydney Theatre Company, and later moving to London where he worked at the St James' Theatre.

He subsequently left the theatre industry to work at Christ Church Cathedral, Oxford, while undertaking ministry studies. Christopher returned to Australia in 2017 to become Director of the St James' Institute. He has more than 25 years' experience as a radio presenter in Hobart, London and Sydney, and has served on the boards of a range of philanthropic, church, education and arts organisations. These include the national board of the Anglican Board of Mission, the Council of St Andrew's College, and 2MBS Fine Music Sydney.

Scandinavia Itinerary Overview

Stockholm 5 nights

- Arrival in Stockholm with airport transfer.
- Guided city tour featuring City Hall, the Old Town (Gamla Stan), the Royal Palace and Parliament.
- Scenic boat cruise through the Stockholm Archipelago.
- Full-day guided excursion to Sigtuna and Uppsala, exploring Viking-era sites, the historic university precinct and Uppsala Cathedral.
- Free day to explore Stockholm independently, with the option to use the Stockholm Pass.
- Visits to ABBA The Museum and the Vasa Museum.

Vadstena - 2 nights

- Travel south with a stop at Östanbäck Monastery.
- Guided walking tour of medieval Vadstena.
- Visits to Vadstena Abbey and Vadstena Castle.

Malmö - 3 nights

- Travel to Malmö.
- Visit Malmö Castle and key churches. Church service.
- Excursion to Skanörs Church and final sightseeing in Malmö.
- Full-day excursion along the Skåne coast. Visits to Ystad and Simrishamn.
- Stop at the Kivik Grave and visits to historic churches including St Nicolai Church and St Olof's Church.

Copenhagen - 5 nights

- Travel to Denmark via ferry. Visit Kronborg Castle (Hamlet's Castle).
- Scenic coastal drive along the Strandvej to Copenhagen.
- Guided city tour including Nyhavn, Amalienborg Palace, Christiansborg Palace and The Little Mermaid.
- Canal cruise and visit to the Church of Our Lady. Excursion to Roskilde, including the Viking Ship Museum and Roskilde Cathedral.
- Full-day excursion to Odense, visiting H.C. Andersen's House and Odense Cathedral.

Inclusions & Important Information

- Depart Australia: 24 September 2026
- Full breakfast daily. 7 dinners included, featuring both a welcome dinner and a farewell dinner.
- Single supplement available on request.
- Ask about extending your journey to Norway — we offer tailored packages to make this a reality.
- All listed activities are subject to change at any time due to operational requirements.
- Flights are with Air China, offering Economy, Premium Economy and Business Class options.
- The itinerary includes a stopover in the spectacular historic city of Beijing.

Carmel House Retreats 2026

**MAY
20-24**

**Pentecost Intensive
RUAH**

"He breathed on them and said to them, 'Receive the Holy Spirit'. In 20:22 The Ruah (breath) of God renews each soul that receives its power. Embrace the gift of the Holy Spirit through fellowship, inputs, prayer and practical workshops and help renew the face of the earth
<https://www.trybooking.com/DIDAV>.

**OCT
16-18**

**Hand Made
Creative Healing Retreat**

"In his hand is the life of every creature." Job 12:10
Come away for a weekend of reflection on how carefully God has made and upheld your life through different creative prayer experiences.
<https://www.trybooking.com/DIDCB>

**JUNE
27**

**GARDENS
Day Retreat**

"Grieve not as those who have no hope." 1 Thess 4:13.
Spend a day reflecting on how while we experience pain, grief and loss in life, we can also discover in such moments that God is renewing us and doing "a new thing" (Rev 21:4) within us.
<https://www.trybooking.com/DIDBD>

**NOV
14**

**ALIVE
Holy Spirit Family
Retreat Day**

Your family has been carefully chosen and put together by God and has an important mission entrusted only to you.
Discover as a family the power of the Holy Spirit to live with boldness and love!
<https://www.trybooking.com/DIDCJ>

**AUG
28-30**

**HOMECOMING
Silent Retreat**

"His father saw him, ran to his son, threw his arms around him and kissed him." Lk 15: 20
Your heavenly Father waits for you to come away with him for a weekend of silently soaking in his great love for you. Embrace this opportunity for encountering deep peace and serenity.
w/e: <https://www.trybooking.com/DIDBK>
extensive: <https://www.trybooking.com/DIDBU>

Missionaries of God's Love
Sisters



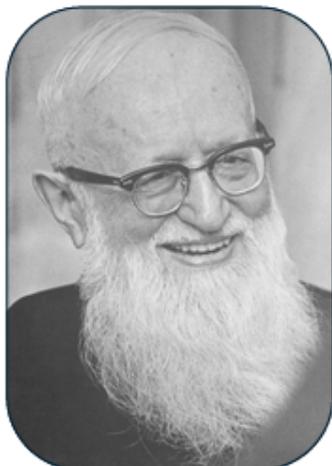
Carmel House
345 St Andrews Rd, Varroville NSW 2566
mglisters.sydney@gmail.com
[mglisters.org](https://www.mglisters.org)

BOOK NOW!



Schoenstatt Sisters
CENTENARY YEAR
Pilgrimages!

PILGRIMAGES CAN INCLUDE...



HOLY MASS

- In the Shrine, House Chapel or Family Hall
- Come with own priest
- Existing Masses at Mount Schoenstatt on Thursdays & Sundays at 11am

CONFESSION

- Available with own priest only

PRAYER

- Devotion
- Rosary
- Stations of the Cross
- Private

TALK BY A SISTER

- About Schoenstatt and the sisters community



MEALS

- BYO
- Morning tea, lunch & afternoon tea available at a cost

PIETY STORE

- Gifts
- Souvenirs
- Religious items

Plenary indulgence available
until **4th NOVEMBER 2026**

*Tailor your pilgrimage
to suit your needs!*

ALL PILGRIMAGES BY DONATION!

CONTACT



SR M. OLIVIA



0473 201 525

sister.m.olivia@gmail.com

WANT TO JOIN OUR FRIENDSHIP PROGRAM?

CatholicCare are seeking volunteers for our Aged Care Volunteers Visitors Scheme (formerly known as the Community Visitors Scheme). As a volunteer, you will visit seniors in a local aged care facility or in their own home and help improve their quality of life. Our volunteers have the flexibility to choose a day and time that suits them, we just ask for a commitment of at least one hour per fortnight.

Affectionately referred to as CatholicCare's 'friendship program', you will be able to build new connections and positive relationships with someone who will greatly appreciate your company. Please call (02) 9481 2600 or visit www.catholiccaredbb.org.au/volunteer/ for more information



CatholicCare
Diocese of Broken Bay

VOLUNTEERS NEEDED

AGED CARE VOLUNTEER VISITORS SCHEME

www.catholiccaredbb.org.au/volunteer

Discover and share in our story

The Sisters of Charity Heritage Centre brings alive the spirit of the Congregation, it's history and heritage.

Australia's first religious sisters have been of service to the community regardless of creed, wealth or ethnicity, for over 185 years.

Tuesday – Thursday
10.00am-3.00pm or by appointment
Free entry, parking available
Bookings recommended

You too are part of this continuing and living heritage and we'd love to welcome you.

1 Rockwall Cres, Potts Point, NSW
T: 02 9138 0835
W: socheritagecentre.org.au
E: heritagecentre@rscoffice.com



**Sisters
of Charity**
of Australia

**HERITAGE
CENTRE**



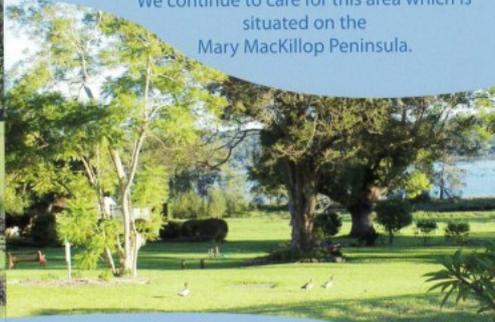
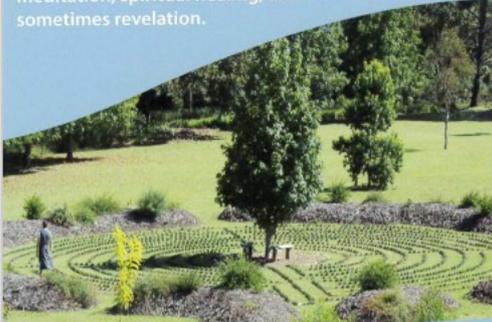
St Joseph's Spirituality and Education Centre Kincumber South

The abundance of natural beauty which surrounds the Centre will ensure your stay is unforgettable, enjoyable and restful.

The labyrinth is a place for prayer, meditation, spiritual healing, and sometimes revelation.

We acknowledge the original owner of this land and pay tribute to The Darkinjung Nation and the Guringai people who have cared for this land with love and respect.

We continue to care for this area which is situated on the Mary MacKillop Peninsula.



Peace and Tranquility



Historical Holy Cross church built in 1842 presents itself right in front of our Centre.



A Ministry of the Sisters of St Joseph
NSW Province

The Congregation of the Sisters of St Joseph, founded by Mary MacKillop and Julian Tenison Woods in 1866, was devoted to the service of the poor. Its members were women who worked in a simple ordinary way to bring to the poor the message of their human dignity and of Christ's saving love. Today the Sisters of St Joseph continue that founding mission to relieve suffering and bring hope to today's world.

St Joseph's Spirituality & Education Centre

8 Humphreys Road, Kincumber South, NSW 2251
Phone: 02 43682805 : Fax: 02 43683849
Email: bookings@stjosephsretreat.org.au
Web: www.stjosephskincumber.org.au

St Joseph's Spirituality and Education Centre offers the opportunity for individuals and groups to experience spiritual enrichment and personal development in a peaceful and spacious setting. The facilities are available to those whose purpose is in harmony with the spirit and philosophy of the Sisters of St Joseph.



Location

St Joseph's Spirituality and Education Centre is located at Kincumber South, in a natural bushland setting, in a quiet corner of the beautiful Central Coast of NSW.

The spacious grounds front the Kincumber Broadwater, creating an atmosphere of tranquility and peace that enhances the spiritual and reflective nature of the Centre.

A perfect place where people can be recharged, re-energized and spend precious time connecting with God, each other and nature.

Services

Dedicated staff are on hand to advise and to ensure the smooth running of your group's activities.

You can be certain of our personalised & professional service from start to finish for your conference, meeting or seminar.

The Centre is open to people of all faiths and beliefs and is a warm and welcoming place respecting cultural and religious differences.

Meals are prepared on site, catering for special dietary requirements.

Morning and afternoon tea are all homemade.

Facilities

St Joseph's is a smoke free environment.

The quality and presentation of the accommodation add to the overall ambience of the Centre.

A maximum of 54 people can be accommodated in 35 double, twin, or single rooms, all with modern ensuites.

Ramp and lift access to rooms is available, some bathrooms are wheelchair friendly.

Our facility hosts
Retreats
Conferences
Group Seminars
Small Group Meetings
Bible Study Groups
Prayer Days

Sound and visual equipment for conferences are available on request.

Walking Tracks and Gardens

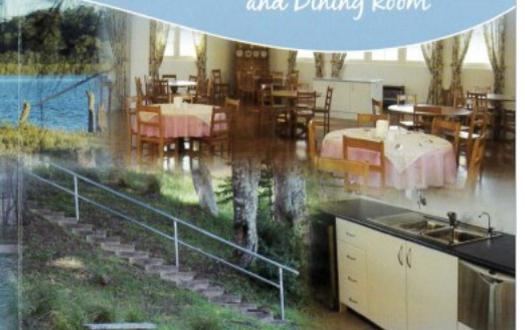
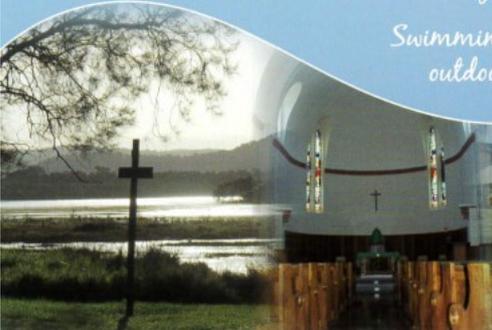
Meditation Areas and Mary of the Cross Walk

Swimming pool and outdoor patio

Chapel and prayer rooms

Conference Rooms

Lounge, Tea Bays and Dining Room



WE ARE PROUD TO ANNOUNCE OUR NEW ACCREDITATION FOR HOME CARE PACKAGES

CatholicCare is our social care agency in the Diocese of Broken Bay and we have been supporting the Northern Sydney, Northern Beaches and Central Coast communities for 35 years.

We understand many seniors prefer to stay at home as they age. The Government's funding for Home Care Packages can help you live independently at home for longer.

We want to know if our Home Care Packages are of interest to you, or a loved one and want to prioritise the needs of our parishioners before we promote to the general public. As a Catholic organisation we want the seniors we support to know they are truly cherished and valued and we're confident our services will be very well received.

There's no obligation to partner with CatholicCare. We may contact you to discuss your needs, but you're welcome to opt-out at anytime.

Name _____

Suburb _____ Phone _____

Email _____

Do you currently have Home Care Package funding from the Government?

Yes No Unsure

Do you need help applying for a Home Care Package?

Yes No Maybe

Is there any other feedback you'd like to provide?

Take a photo of this completed form and email to info@catholiccareddb.org.au or text a photo of the form to 0481 602 046. Thank you.

CATHOLICCARE BROKEN BAY

Do you have a problem that you can't solve on your own?

When feelings become overwhelming or confusing, counselling can be very helpful. We work with you to overcome challenges and stress.

We work with you, assisting you to face challenges and stressors, coming up with sugges-

tions to tackle or resolve these challenges. We listen, talk through experiences and help you think about ways forward. Common issues addressed in counselling include family transitions, communication issues, work/life balance, conflict, parenting after separation, grief and loss and decision making. We offer a welcoming, inclusive environment and a safe space for all ages. CatholicCare offers Government funded, fee for service and NDIS approved therapy options for yourself, your children and as a family unit.

To access this service please call 1800 324 924 or visit www.catholiccaredbb.org.au.



Key Telephone Numbers

KEY TELEPHONE NUMBERS

POLICE: 000

Call the Police for immediate assistance.

1800 RESPECT: 1800 737 732

A national 24-hour 7 day a week service, for advice or support in relation to sexual assault and domestic violence. The service also connects victims to the nearest help according to their location.

FOR NON-ENGLISH SPEAKERS

Call 131 450 for an interpreter. Ask them to ring 1800 RESPECT for you.

CATHOLICCARE BROKEN BAY

CatholicCare provides a range of services to assist women and children experiencing domestic violence

Central Coast: 1800 324 924	Northern Beaches: 1800 324 924
Naremburn: 1800 324 924	Waitara: 1800 324 924

MEN'S REFERRAL SERVICE: 1300 766 491

A national 24-hour 7 day a week anonymous and confidential counselling, information and referral service to help men stop using violent and controlling behaviour.

FOR FEMALE MIGRANTS UNDER A TEMPORARY VISA

Migrants are especially vulnerable to abuse because they are in unfamiliar territory without knowledge of the laws and emergency services they can access.

If you are experiencing domestic violence, you can take out an Apprehended Violence Order (AVO) against your partner.

Under the Migration Act you can apply for permanent residency due to domestic violence.

Ring any of the following numbers:

Immigration Advice and Rights Centre	02 8234 0777
Immigrant Women's SpeakOut Association	1800 656 463
Legal Aid NSW	1300 888 529 (business hours)

PHYSICAL AND SEXUAL ABUSE ARE SERIOUS INDICTABLE OFFENCES UNDER THE NSW CRIMES ACT 1900. It is an offence to fail to report knowledge or belief of a serious indictable offence. If in doubt, call 000.

This parish resource has been developed by the Diocese of Broken Bay's Catholic Life & Faith Formation Team in consultation with the Safeguarding Office (Chancery) and CatholicCare Broken Bay. This booklet is part of a Parish Kit which assists parishes to respond to those experiencing domestic violence or those who are seeking help for their violent behaviour. The kit is available for download www.bbcatholic.org.au

www.bbcatholic.org.au



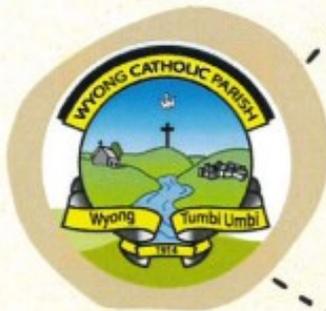
**CATHOLIC
DIOCESE OF
BROKEN BAY**

SAFEGUARDING is everyone's responsibility



Everyone must practice **A DUTY OF CARE**. We are called to step up and speak out.

Need to be listening & watching to understand if there are any concerns and take them seriously



Tell one of our designated persons in authority

- Fr Raúl 0450 115 099
- Maureen Roast 0435 245 849
- Anne Hooley 0428 149 793

Contact will be made with Diocesan Safeguarding Office



Our Community is **SAFE**